

Weekly Group Runs

Do your weekly runs or weekend long runs/walks ever feel monotonous or just lonely? If you would like some group motivation please join us. Our Fleet Feet group runs/walks are a great new way to meet new friends, hang out with old friends, find new running/walking partners and have a great time! There are a variety of pace groups within the larger group and our philosophy is that no runner will be left behind. No RSVP necessary – just show up ready to run or walk.

Want even more motivation to come out and run? At select runs there will be free give away items handed out to attendees as well as sponsored runs by various shoe vendors (i.e. Adidas, Nike, Asics, Mizuno, Brooks, New Balance, etc.).

WEEKLY SCHEDULE OF GROUP RUNS/WALKS

Tuesdays at 6:30pm – meet at Fleet Feet Annapolis

Saturdays at 8:30am – meet at Fleet Feet Annapolis Elite Level Group Training Runs at Fleet Feet Annapolis...Are you a fast runner, looking to run faster or looking for other fast runners to train with? Well Kyle Schmid is here to help!

The goal is to allow people who train at a high level to meet and go for distance and tempo runs. These runs will allow locals (yeah, that's you) to meet and train with one another. Runs will typically be at a 6:30-7:00 per mile pace for distance runs, some days might be a little slower... some days might be a little faster. When: Tuesdays and Thursdays at 6:30pm, Saturdays at 8:00am Where: We'll meet at the store - 318 Sixth Street, Annapolis If interested you can simply show up at the training run or send Kyle an email at runkschmid@gmail.com to get more info about the runs.